



Call for Daily Specials & Take Out

773-9400

#1 Company Street

Christiansted, St. Croix

Monday - Saturday 7 am - 3 pm

BREAKFAST

Your favorite way to start the day - all day long!

ASSORTED NEW YORK BAGELS

- With plain cream cheese, butter, peanut butter or honey - \$3.50
- With home-made chive, bacon-chive, honey-walnut or hot pepper cream cheese - \$4.50
- With smoked salmon and "The Works" (tomatoes, onions & capers) - \$11

EGG SPECIALTIES

Add Bacon, Turkey Bacon, Sausage, Veggies or Avocado: \$1 extra each.

Egg Sandwiches

Two scrambled eggs and cheese served on:

- Wheat, Rye or Pumpernickel bread - \$5.50
- Croissant or English muffin - \$6.50
- Bagel or Ezekial bread - \$7.50

Egg Platter

Two eggs as you like or as omelet and cheese, served with choice of toast - \$7.50

Breakfast Burrito

Two eggs, onions, red peppers & cheese, wrapped in whole wheat tortilla, with salsa and sour cream - \$8.50

BELT

One fried egg, bacon, lettuce, tomato and mayo on whole wheat bread - \$8.50

FRUIT, YOGURT & GRANOLA

Try these healthful combinations!

- Assorted fresh fruit bowl - \$5
- Fruit bowl with yogurt and granola - \$7.50
- Yogurt & granola bowl - \$5
- Yogurt & granola with your choice of fresh berries, flax seed, walnuts or dried cranberries - \$7.50

OATMEAL

- Plain or spiced with nutmeg and cinnamon - \$5
 - Add blueberries or flax seed - \$6
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DAILY TREATS & DESSERTS

Our baked treats include muffins, quesitos, cinnamon scones, apple-caramel coffee cake, brownies and extra large cookies - \$2 - 4

FRESH FRUIT SMOOTHIES

Sweet and healthful, mixed with juice or unsweetened tea! Add oats, soy milk, flax or chlorophyll for \$1 extra *each*.

- Choose from Mango, Banana, Mixed Berry, Strawberry, Blueberry, or Combo - \$5
 - Blueberry Only - \$6
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DRINKS

Our roasted, fresh coffees - Caribbean, African or Twin City blends - are just the beginning.

Add a flavor for \$1: Hazelnut, Vanilla, Caramel, Peppermint, Raspberry, Coconut, Frosted Mint, White Chocolate or Almond.

Fresh-brewed Coffee

8/12/16 oz. - \$1.50/2.00/2.50

Latte, Cappuccino or Mocha

- 12 oz. cup of your favorite, made with double-shot of Twin City espresso and whole, 2% or skim milk- \$5
- With Soy, Almond or Half&Half - \$6

Iced Latte

- 16 oz., double shot of Twin City espresso and whole, 2% or skim milk, over ice - \$5
- With Soy, Almond or Half&Half - \$6

Iced Coffee

16 oz. with coffee ice cubes - \$3 Add a flavor - \$1

Tom-Tom!

Frozen, blended coffee with flavor - \$6

Double-shot Espresso - \$3

Macchiato - \$4

Organic Teas

Tazo hot teas, or Maya herbal tropical flavors, iced - \$2.50

Fresh-squeezed orange juice

12 oz. - \$5, 16 oz. \$6

Cold milk or hot chocolate

8/12/16 oz. - \$3/4/5

"In the Cooler"

- Assorted sodas, juices and waters - \$1 - 5
- Heineken, Sol or Banks ice-cold beer - \$3
- Organic Red and White wines - \$6

Try a large slice of home-made, local rum cake. Yum! - \$5





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FRESH GREEN SALADS

Freshly prepared organic green salad mix includes locally grown bibb and romaine lettuce, thinly chopped red cabbage, local cucumbers and tomatoes, shredded carrots, alfalfa sprouts, dried cranberries and walnuts! Or try one of our other healthful specialty salads.

Sunday Market Square

Our green salad mix plus red pepper - a veggie delight! - \$10

Times Square

Our green salad mix plus choice of grilled chicken breast or curry chicken salad - \$11

Crucian

Our green salad mix with choice of grilled Mahi or shrimp - \$12/14

Real Man's Salad

Our green salad mix plus grilled chicken breast or curry chicken, cheese, bacon, lentil salad and pesto pasta salad - \$14

Twin City Caesar

Organic local romaine, cucumbers and croutons tossed in Caesar dressing with grilled chicken, Mahi or shrimp - \$12/13/14

Cool Summer Salad

Green salad mix, lentil salad and pesto pasta salad, or add grilled Mahi - \$12/15

Mediterranean

Hummus and lentil salad with celery and carrot sticks, served with toasted pita triangles - \$10

Classic Spinach Salad

Fresh spinach with hard boiled egg, red onion, tomatoes and bacon - \$11

Choice of Dressings

Twin City Goddess * Blue Cheese * Ranch * Vidalia Onion * Mango-Pineapple Vinaigrette * Balsamic Vinegar & Oil * Raspberry Vinaigrette

Let Us Cater Your Breakfast, Lunch, or Special Occasion

SANDWICHES AND WRAPS

Sandwiches served on toasted whole wheat, pumpernickel or rye bread, croissant, whole wheat wrap, Ezekial bread, brioche roll or bagel.

All meals come with choice of side: pesto pasta salad, lentil salad, celery & carrot sticks, side green salad or gourmet chips.

Venetian

Hummus, lentils, sprouts, cucumbers, lettuce, red peppers, carrots, & tomatoes - \$11

Roma

Grilled chicken or curry chicken salad with lettuce, carrots & tomatoes - \$11

Sicilian

Grilled Mahi with lettuce, carrots & tomatoes - \$12

Florence

Freshly prepared grilled shrimp or shrimp salad with lettuce, carrots & tomatoes - \$14

Quesadilla

Veggie, chicken or shrimp, with grilled onions & peppers and with sides of salsa & sour cream. Or try it wrapped! - \$11/13/15

Rasta

Grilled veggie burger with cheese, onions, lettuce, tomatoes, mayo & ketchup - \$11

Nevis

Grilled steak & cheese with onions & peppers - \$12

KID'S CORNER

Pesto Pasta, \$3 or, with chicken	\$7
Grilled Cheese and chips	\$6
Kraft Mac & Cheese	\$4
Peanut butter & jelly on wheat	\$4

Ask about our specialty items:

• "Espresso Yourself" T-shirts	\$20
• Twin City Coffee Body Scrub	5
• Twin City Coffee Soap	5
• Coffee by the pound	14
• Twin City Large Coffee Cups	8
• Twin City "To Go" Cups	10